

Matthew S. Feigenbaum, Ph.D., FACS
Curriculum Vitae (2024)

Academic Appointment

Professor, Department of Health Sciences, Furman University

<u>Address</u>	<u>Work:</u>	<u>Home:</u>
	Department of Health Sciences Furman University, Greenville, SC 29613 Office: (864) 294-3455 EM: matt.feigenbaum@furman.edu	202 Chukar Way Greenville, SC 29616 Cell: (864) 320-0034 EM: mfeigenbaum1@gmail.com

Family Wife, Kathy Feigenbaum
 Katherine Shepard (7/28/90) Austyn Elizabeth (12/21/01)
 Malcolm Samuel (12/6/92) Hannah Nicole (12/21/01)

Education

Doctorate (Ph.D.) University of Florida, 1997

Medical Physiology / Health & Human Performance - Adviser: Michael L. Pollock, Ph.D.

Cardiology Research, Division of Cardiovascular Medicine - Adviser: Carl J. Pepine, M.D.

Dissertation: "Cardiopulmonary, hemodynamic, and neurohumoral responses to acute exercise in chronic heart failure patients" (findings published in both *American Journal of Cardiology* & *Journal of the American College of Cardiology*)

Master's Degree - Furman University, 1990; Concentration: Education / Health & Exercise Science

Bachelor's Degree - Furman University, 1988; Major: Health & Physical Education

Work Experience

2009-Present Professor, Department of Health Sciences, Furman University
2002-2009 Associate Professor (Tenured), Department of Health Sciences, Furman University
1996-2002 Assistant Professor, Department of Health Sciences, Furman University
2005-2017 Officer, United States Army / South Carolina Army National Guard
2011-2012 Military Deployment: GWOT Operation Enduring Freedom – Kuwait / Middle East
2011 Military Deployment: Saudi Arabia – Operation Friendship II
2010 Military Deployment: Japan – Operation North Wind
2007-2008 Military Deployment: GWOT Operation Enduring Freedom – Afghanistan
1998-2012 Clinical Associate, HeartLife Program of the Greenville Hospital System
2001-2008 Deputy Sheriff (Star #711, Reserve), Greenville County Sheriff's Office
1993-1996 Cardiology Research Assistant, Department of Medicine, University of Florida
1990-1993 Department Chair., Teacher, & Coach, Mainland High School, Daytona Beach, FL
1989-1990 Exercise Physiologist, North Greenville Cardiac Rehabilitation, Travelers Rest, SC

Awards (Academia)

2023-2024 Alester G. Furman Jr. and Janie Earle Furman Award for Meritorious Teaching: The award, endowed by Alester G. Furman and Janie Earle Furman, is presented annually to a member of the faculty in recognition of teaching excellence.

2019-2020 Chiles-Harrill Award: The award, endowed by Frank Keener '64, is presented annually to a member of the faculty or staff chosen by graduating seniors as having the greatest influence on the class. Recipients of the award become honorary members of the class.

2004-2005 Outstanding Faculty Member of the Year: The award is presented annually by the Association of Furman Students (AFS).

New Courses Developed at Furman

1. HSC 343: Pathophysiology of Infectious Diseases
2. HSC 342: Pathophysiology of Chronic Diseases
3. HSC 341: Science of Aging
4. HSC 211: Anatomy & Physiology II
5. HSC 201: Research & Analysis
6. HSC 470: Senior Research Seminar
7. HES 50: Clinical Exercise Science
8. HES 33: Teaching Methods for Elementary P.E.
9. HES 34: Teaching Methods for Secondary P.E.
10. HES 35: Teaching Sport Skills I
11. HES 36: Teaching Sport Skills II
12. HES 115 (Grad): Exercise in Health & Disease
13. HES 116 (Grad): Curriculum Development
14. Special Topic Course: Medical Terminology
15. Special Topic Course: Intro to Pharmacology

University Standing Committees & Appointments

Due Process Committee (2019-2023) (Chair, 2021-2023)
Academic Policies Committee (2003-2006)
Curriculum Committee (1998-2001)
Academic Discipline Committee (1996-1999; 2013)
Crisis Management Committee (2003-2006)
Teacher Education Committee (1996-2002)
Graduation Committee (2008-2018)
Graduate Education Committee (2003-2006; 2015-2018)
Southern Association of Colleges and School (SACS) Accreditation Committee (2011 & 2015)

Professional Organizations, Committees, and Certifications

Fellow (Awarded, May 2000), American College of Sports Medicine
Exercise Test Technologist Certification (June 1995)
Member, American Physiological Society
Member, National Strength and Conditioning Association
Certified Strength and Conditioning Specialist (February 1995)
Member, American Alliance for Health, Physical Education, Recreation, and Dance
Member, American Association of Cardiovascular and Pulmonary Rehabilitation
Member, United States Army Ranger Association
Member, United States Army Infantry Association

Publications

“Position Stands” from Professional Organizations:

American College of Sports Medicine (ACSM) Position Stand:

Writing Committee: W.J. Kraemer (Chair), K. Adams, E. Cafarelli, G.A. Dudley, C. Dooly, M.S. Feigenbaum, S.J. Fleck, B. Franklin, A.C. Fry, J.R. Hoffman, R.U. Newton, J. Potteiger, M.H. Stone, N.A. Ratamess, and T. Triplett-McBide. American College of Sports Medicine (Position Stand). Progression models for resistance exercise in healthy adults: progression program for general fitness. *Med. Sci. Sports Exerc*, 34(2):364-380, 2002.

Collegiate Strength and Conditioning Coaches Association (CSCCa) & National Strength and Conditioning Association (NSCA) Joint Consensus Guidelines:

Anthony Caterisano¹, Donald Decker², Ben Snyder¹, **Matt Feigenbaum**¹, Rob Glass³, Paul House⁴, Carwyn Sharp⁵, Michael Waller⁶, and Zach Witherspoon²; Furman University¹, New Mexico State University², Oklahoma State University³, Oklahoma Christian University⁴, United States Olympic Committee - Colorado Springs⁵, and Arkansas Tech University⁶. CSCCa and NSCA Joint Consensus Guidelines for Transition Periods: Safe Return to Training of Inactivity. *Strength & Conditioning Journal*: June 2019; 41(3): 1–23.

Textbook Chapters:

1. **Feigenbaum, M.S.** "Cardiorespiratory Responses and Adaptations to Training (Chapter 3)" in *Strength and Conditioning Coach Certification Training Manual*. 2nd Edition. T. Nesser (Editor). Collegiate Strength and Conditioning Coaches Association (CSCCA), 2024.
2. **Feigenbaum, M.S.** "Cardiorespiratory Responses and Adaptations to Training (Chapter 3)" in *Strength and Conditioning Coach Certification Training Manual*. 1st Edition. T. Nesser (Editor). Collegiate Strength and Conditioning Coaches Association (CSCCA), 2019.
3. **Feigenbaum, M.S., P. McBride, and W.A. Webster.** Clinical Practice Guidelines and Target Outcomes: Bridging the Gap (Chapter 5). In *Pollock's Textbook of Cardiovascular Disease and Rehabilitation*. Eds. Durstine, J.L., G.E. Moore, M.J. LaMonte, & B.A. Franklin. Human Kinetics, Champaign, IL; 2008.
4. **Feigenbaum, M.S., and K. Vincent.** Strength Training (Chapter 16). In *Pollock's Textbook of Cardiovascular Disease and Rehabilitation*. Eds. Durstine, J.L., G.E. Moore, M.J. LaMonte, & B.A. Franklin. Human Kinetics, Champaign, IL; 2008.
5. **Feigenbaum, M.S.** "Rationale and Review of Current Guidelines (Chapter 2)" in *Resistance Training for Health, Disease Prevention, and Rehabilitation*. Eds. J.E. Graves and B. Franklin. Human Kinetics, Champaign, IL; 2001.
6. **Feigenbaum, M.S.** "Exercise Prescription for Healthy Adults (Chapter 7)" in *Resistance Training for Health, Disease Prevention, and Rehabilitation*. Eds. J.E. Graves and B. Franklin. Human Kinetics, Champaign, IL; 2001.

Manuscripts:

1. Hudson S.E., **Feigenbaum M.S.**, Patil N., Ding E., Ewing A., and J.L. Trilk. Screening and socioeconomic associations of dyslipidemia in young adults. *BMC Public Health* 20: #104; published 1/28/2020. <https://bmcpublihealth.biomedcentral.com/articles/10.1186/s12889-019-8099-9>
2. Watson, S., W. Webster, M. **Feigenbaum**, R. Jupp, M. Senn, C. Wracker, D. Blackhurst, M. Hendricks, J.L. Durstine. Assessing dietary fat intake in chronic disease rehabilitation programs. *J. Cardiopulm. Rehabil.* 22:161-167, 2002. (Corresponding Author)
3. **Feigenbaum, M.S., and R.K. Gentry (student co-author).** Prescription of resistance training for clinical populations. *Am. J. Med. Sports* 3:146-158, 2001.
4. Haas, C.J., M.S. **Feigenbaum**, and B.A. Franklin. Prescription of resistance training for healthy populations. *Sports Med.*, 31(14):953-964, 2001.
5. **Feigenbaum, M.S., Welsch, M.A., Mitchell, M., Braith, R.W., and C.J. Pepine.** Contracted plasma and blood volume in chronic heart failure. *J. Am. Coll. Cardiol.* 35(1):51-55, 2000.
6. Braith, R., M.A. Welsch, **Feigenbaum, M.S., Kluess, H.A., and C.J. Pepine.** Neuroendocrine activation in heart failure is modified by endurance exercise training. *J. Am. Coll. Cardiol.* 34(4):1170-1175, 1999.
7. **Feigenbaum, M.S., and M.L. Pollock.** Prescription of resistance training for health and disease. *Med. Sci. Sports Exerc.* 31(1):38-45, 1999.
8. **Feigenbaum, M.S., M.A. Welsch, W.F. Brechue, E.M. Handberg, M.L. Pollock, and C.J. Pepine.** Plasma volume changes with an acute bout of high-intensity exercise in men with chronic congestive heart failure secondary to coronary artery disease. *Am. J. Cardiol.* 81:509-513, 1998.
9. **Feigenbaum, M.S., and M.L. Pollock.** Strength training: rationale for current guidelines for adult fitness programs. *Phys. Sportsmed.* 25(2):44-64, 1997.
10. Starkey, D.B., M.L. Pollock, Y. Ishida, M.A. Welsch, W.F. Brechue, J.E. Graves, and M.S. **Feigenbaum.** Effect of resistance training volume on strength and muscle fitness. *Med. Sci. Sports Exerc.* 28(10):1311-1320, 1996.
11. Pollock, M.L., M.S. **Feigenbaum**, and W.F. Brechue. Exercise prescription for physical fitness. In *Physical Activity, Fitness, and Health* (J. Morrow, Editor). Champaign, IL: Human Kinetics Publisher. *QUEST*, 47:320-337, 1995.

Abstracts:

1. O'Neill, A, V. Marsh, (student co-authors) and M. **Feigenbaum**. Prevalence of biomarkers of vascular disease in young adults. *Med. Sci. Sports Exerc.* 44(S25S):2604, 2012.
2. Hartman, R. (student co-author), M. **Feigenbaum**, J. Markowitz. Very low density lipoprotein in college students: A male problem? *Pediatrics*. Oct. 16, 2009: (Washington Convention Center).
3. **Feigenbaum**, M., W. Webster, S. Martin. Closing the treatment gap with cardiac rehabilitation in a heartcare partnership. *Med. Sci. Sports Exerc.* 37(5):S454, 2005.
4. **Feigenbaum**, M.S., S.P. Martin, N. Robertson, L. Rice, C.K. Mattingly, J. Johannes (student co-author), E. Lominack, and W.A. Webster. Closing the treatment gap with South Carolina's upstate heartcare partnership. *Circulation* 108(17):IV-759, 2003.
5. **Feigenbaum**, M., W. Webster, A. Conroy, D. Blackhurst, and A. Phillip. Gender and race differences in coronary artery disease – angina warning system. *Med. Sci. Sports Exerc.* 33(5):S64, 2001.
6. Webster, W., A. Conroy, M.S. **Feigenbaum**, D. Blackhurst, J. Langel (student co-author), K. Mitchell, J. Bruch. and A. Phillip. Angina presentation in type II diabetics and non-diabetics with coronary artery disease. *Med. Sci. Sports Exerc.* 33(5):S64, 2001.
7. **Feigenbaum**, M.S., M.A. Welsch, R.W. Braith, K. Vincent, M.L. Pollock, and C.J. Pepine. Exercise-induced changes in alpha- and beta-atrial natriuretic peptides in men with chronic congestive heart failure secondary to coronary artery disease. *Med. Sci. Sports Exerc.* 30(5):S-16, 1998.
8. **Feigenbaum**, M.S., M.A. Welsch, R.W. Braith, M.K. Worley, M.L. Pollock, and C.J. Pepine. Exercise-induced changes in plasma digitalis in CHF. *Med. Sci. Sports Exerc.* 29(5):S-269, 1997.
9. Vincent, K.R., M.S. **Feigenbaum**, M.A. Welsch, R.W. Braith, M.K. Worley, M.L. Pollock, and C.J. Pepine. Acute exercise-induced plasma and blood volume changes in elderly adults. *Med. Sci. Sports Exerc.* 29(5):S-163, 1997.
10. Mitchell, M.J., M.S. **Feigenbaum**, M.A. Welsch, E.H. Thurmond, R.W. Braith, C.J. Pepine, and M.L. Pollock. Decreased plasma and blood volume in patients with heart failure. *Med. Sci. Sports Exerc.* 29(5):S-269, 1997.
11. Kluess, H., K. Worley, M. Welsch, E. Handberg, M. **Feigenbaum**, M. Pollock, and C. Pepine. Exercise training improves quality of life in patients with CHF. *Med. Sci. Sports Exerc.* 29(5):S-168, 1997.
12. **Feigenbaum**, M.S., R.W. Braith, M.A. Welsch, E.H. Thurmond, M.L. Pollock, and C.J. Pepine. Neurohumoral hyperactivity during acute exercise in patients with chronic heart failure. *Circulation* 94(8):I-191, 1996.
13. Braith, R.W., M.S. **Feigenbaum**, M.A. Welsch, M.K. Worley, M.L. Pollock, and R.M. Mills. Neuroendocrine hyperactivity in CHF is buffered by endurance exer. *Circulation* 94(8): I-192, 1996.
14. **Feigenbaum**, M.F., Welsch, M.A., W.F. Brechue, P.R. Borum, M.L. Pollock, and C.J. Pepine. Plasma and RBC carnitine dynamics with exercise in CHF patients. *Med. Sci. Sports Exerc.* 28(5):S-169, 1996.
15. **Feigenbaum**, M.F., M.A. Welsch, W.F. Brechue, E.M. Handberg, M.L. Pollock, and C.J. Pepine. Plasma volume changes with high-intensity exercise in patients with CHF. *Circulation* 92(8):I-398, 1995.
16. Welsch, M.A., M.S. **Feigenbaum**, W.F. Brechue, C.J. Pepine, and M.L. Pollock. Brachial artery responsiveness to ischemia and exercise. *Med. Sci. Sports Exerc.* 27(5):S-31, 1995.

Grants as Principal Investigator

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| 2011 | Furman University Research and Professional Growth Grant (Funded: \$2,000)
Title: "FUEL (Furman University Eating to be Lean) Diet Program" |
| 2009 | The YMCA of Greenville (Funded: \$3,650)
Title: "Childhood Obesity Baseline in YMCA Afterschool Programs" |
| 2008 | The Piedmont Healthcare Foundation (Funded: \$8,000)
Title: "Childhood Obesity Baseline for Greenville County (2008)" |
| 2005 | The Duke Endowment (Tabled by Greenville Hospital System: \$1,000,000)
Title: "South Carolina Upstate Diabetes Intervention Partnership (4-Yr Grant: 2005-2009)" |
| 2001 | The Duke Endowment (Funded: \$525,000) |

- Title: "The Greenville HeartCare Partnership (HCP) Proposal (3-Year Grant: 2001-2004): Community Cardiovascular Disease Risk Reduction Program"
- 2001 SC Alliance for Health, Physical Education, Recreation, & Dance (Funded: \$500)
Title: "Fitnessgram Testing and Training (Workshop)"
- 2000 SC Alliance for Health, Physical Education, Recreation, & Dance (Funded: \$500)
Title: "Physical Education with a Purpose (Workshop)"
- 1999 American Heart Association (Beginning Grant-in-Aid) (Not Funded: \$80,000)
Title: "Clinical Outcomes and Neuroendocrine Responses to Comprehensive Cardiac Rehabilitation in Patients with Chronic Heart Failure"
- 1999 SC Alliance for Health, Physical Education, Recreation, & Dance (Funded: \$400)
Title: "Challenge by Choice (Workshop)"
- 1998 Furman University Research and Professional Growth Grant (Funded: \$1,050)
Title: "Plasma Endothelin-1 Concentrations During Acute Exercise in Patients with CHF"
- 1998 American Heart Association (Beginning Grant-in-Aid) (Not Funded: \$80,000)
Title: "Clinical Outcomes & Neuroendocrine Responses to Training in Patients with CHF"
- 1997 Furman University Faculty Development Grant (Funded: \$1,900)
Title: "Interdisciplinary Course Development - Fundamentals of Pathophysiology"
- 1996 UF Graduate Research Award, Division of Sponsored Research (Funded: \$7,800)
Title: "Cardiopulmonary, Hemodynamic, and Neurohumoral Responses to Acute Exercise in Patients with Chronic Heart Failure"
- 1992 Model School Technology Grant – Florida Department of Education (Funded: \$33,000)
Title: "Mainland High School Exercise Science Program – The LIFE Center"

Professional Presentations

American Heart Association (AHA):

1. AHA 76th Scientific Sessions 2003 (Orlando, FL; 2003)
Title: "Closing the treatment gap with South Carolina's upstate heartcare partnership"
2. AHA 69th Scientific Sessions (New Orleans, LA; 1996)
Title: "Neurohumoral hyperactivity during acute exercise in patients with CHF"
3. AHA 68th Scientific Sessions (Anaheim, CA; 1995) *Featured Research
Title: "Plasma volume changes with high-intensity exercise in patients with CHF"

American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR & Affiliates):

1. AACVPR Annual Meeting (Long Beach, CA; 2004)
Title: "Closing the treatment gap: developing a comprehensive cardiovascular risk reduction program" (Presented in conjunction with faculty from GHS and USC)
2. GA AACVPR Annual Meeting (Savannah, GA; 2004)
Invited Tutorial: "Angina presentation in ischemic heart disease patients"
3. SC AACVPR Annual Meeting (Charleston, SC; 2004)
Title: "Five resistance training secrets for cardiopulmonary patients"
4. AACVPR Annual Meeting (Kansas City, MO; 2003)
Title: "Exercise prescription for patients with abnormal test results"
(Presented in conjunction with faculty from USC)
5. AACVPR Annual Meeting (Kansas City, MO; 2003)
Title: "Closing the treatment gap: SC's upstate community cardiovascular risk reduction program"
6. AACVPR Annual Meeting (Minneapolis, MN; 2001)
Title: "The angina warning system and exercise prescription"
(Presented in conjunction with faculty from USC) – *Meeting was cancelled (9/11/01)
7. SC AACVPR Annual Meeting (Charleston, SC; 2001)
Title: "The art of exercise prescription: angina warning system"

8. SC AACVPR Annual Meeting (Charleston, SC; 2000)

Title: "Resistance training in comprehensive rehabilitation programs"

American College of Sports Medicine (ACSM & Affiliates):

1. ACSM 52nd Annual Meeting (Nashville, TN; 2005)

Title: "Closing the treatment gap with cardiac rehabilitation in a heartcare partnership"

2. United States Air Force Health & Fitness Summit (San Antonio, TX; 2003)

Invited Tutorial: "Single vs. multiple sets in resistance training: which is best and for whom?"

3. ACSM Health & Fitness Summit (Reno, NV; 2003)

Invited Tutorial: "Single vs. multiple sets in resistance training: which is best and for whom?"

4. SEACSM Annual Meeting (Atlanta, GA; 2002)

Symposium: "The angina warning system and exercise prescription"

(Presented in conjunction with Dr. Larry Durstine, Dept. Chair at USC).

5. ACSM 48th Annual Meeting (Baltimore, MD; 2001)

Title: Gender and race differences in coronary artery disease – angina warning system.

6. ACSM 46th Annual Meeting (Seattle, WA; 1999)

Invited Symposium: "Michael L. Pollock: His Mission and Landmark Contributions"

7. ACSM 45th Annual Meeting (Orlando, FL; 1998)

Title: "Exercise-induced changes in α - and β -atrial natriuretic peptides in CHF patients"

8. ACSM 44th Annual Meeting (Denver, CO; 1997)

Title: "Exercise-induced changes in plasma digitalis in chronic heart failure patients"

9. SEACSM Annual Meeting (Atlanta, GA; 1997)

Symposium: "Acute responses and chronic adaptations to exercise in heart failure and following heart transplantation" (Presented in conjunction with faculty from LSU and UF)

10. ACSM 43th Annual Meeting (Cincinnati, OH; June 1996)

Title: "Plasma and red blood cell carnitine dynamics with exercise in CHF patients"

American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD & Affiliates):

1. SCAHPERD Annual Meeting (Myrtle Beach, SC; 1998)

Title: "Funding strategies for model technology fitness education programs"

2. SCAHPERD Annual Meeting (Myrtle Beach, SC; 1997)

Title: "Developing model technology fitness education programs: is it worth the work?"

3. United States Physical Education Association Annual Meeting (Orlando, FL; 1995)

Title: "Implementing personal fitness technology programs"

4. FAHPERD Annual Meeting (Orlando, FL; 1993)

Title: "Using technology in high school physical education"

5. FAHPERD Annual Meeting (Orlando, FL; 1993)

Title: "Teacher/coach role conflict"

National Strength and Conditioning Association (NSCA):

1. South Carolina Chapter – NSCA Annual Meeting (Greenville, SC; 2009)

Title: "Getting started: How much is enough? How much is too much?"

Greenville Health System – Invited Clinical Tutorials at Grand Rounds / HeartLife Program:

1. Title: "South Carolina Upstate Cardiovascular Risk Reduction Program" (November 2003)

2. Title: "Chronic Disease Preventive & Rehab.: Therapeutic Modalities of Exercise" (February 2002)

3. Title: "Preventive Medicine: Risk Factor Modification and Secondary Prevention" (April 2001)

4. Title: "Preventive Medicine: Calcium, Strong Bones, and Osteoporosis" (November 2000)

5. Title: "Preventive Medicine: Resistance Training Guidelines for Cardiac Patients" (November 1999)

6. Title: "Preventive Medicine: the Role of Physical Activity" (October 6, 1998)

Sponsored Student Research & Presentations – Furman Engaged, ACSM, & SEACSM:

1. Stephanie Behrens and Matt Feigenbaum – Relationship Between Lipoproteins and Inflammatory Markers of Vascular Disease in Young in Young Adults. Furman Engaged 2022.
2. Stephen Hudson*, Nirav Patil**, Matt Feigenbaum***, Don Pierce***, Shannon Martin**, & Jennifer Trilk* (*USC-School of Medicine-Greenville, **Greenville Health System, ***Furman University)
- Lipid Parameters in College Students.
- Discover USC at the Columbia Metropolitan Convention Center in Columbia, SC, April 21, 2017.
- Annual Meeting of the South Carolina Medical Association (SCMA), Charleston, SC, May 6, 2017.
3. Andy O’Neil, Vincent Marsh, and Matt Feigenbaum – Prevalence of Biomarkers of Inflammation and Vascular Disease in Young Adults. Furman Engaged 2011 & ACSM 2012.
4. Vincent Marsh, Hannah Williams, Lauren Hines, Kelly Frazier, and Matt Feigenbaum – HSC Dept. FUEL Research Project: Dietary Intervention to Reduce Chronic Disease in Adults. Furman Engaged 2011.
5. Amaya Gunasekera, Jessica Lawson, Matt Colna, and Matt Feigenbaum. Prevalence of Risk Factors for Type 2 Diabetes Mellitus in College Students. Furman Engaged 2010 & SEACSM 2011.
6. Matt Colna, Amaya Gunasekera, Jessica Lawson, and Matt Feigenbaum. Prevalence of Risk Factors for Cardiovascular Disease in College Students. Furman Engaged 2010 & SEACSM 2011.
7. Jessica Lawson, Amaya Gunasekera, Matt Colna, and Matt Feigenbaum. Prevalence of Risk Factors for Metabolic Syndrome in College Students. Furman Engaged 2010 & SEACSM 2011.
8. Savannah Long, Jason Basile, and Matt Feigenbaum. Prevalence of Overweight and Obese Youth in Upstate South Carolina. Furman Engaged 2009 & SEACSM 2010.

ACSM Certification Workshops

Faculty member and examiner at the Annual ACSM Health / Fitness Instructor Workshop and Certification Exam; USC Department of Exercise Science [POC: J. Larry Durstine, PhD, (Chair.)]

(1) June 2003; (2) June 2002; (3) June 2001; (4) June 2000; (5) June 1999.

Pedagogy Workshops (Organized & Hosted at Furman University)

2001 Elementary & Middle & High School Physical Education Workshop (March 16)

Title: “Fitnessgram Training & Testing”

Presenters: Dr. Richard Hohn (USC)

Sponsors: Furman University, the Greenville School District, the South Carolina Association for Physical Education & Sport (SCAPES), and the South Carolina Alliance for Health, Physical Education, Recreation and Dance (SCAHPERD)

2000 Elementary & Middle School Physical Education Workshop (March 17)

Title: “Physical Education with a Purpose”

Presenters: Don Puckett

Sponsors: Furman University, the Greenville School District, SCAPES, and SCAHPERD

1999 Elementary School Physical Education Workshop (March 20)

Title: “Challenge by Choice”

Presenters: John Thomson

Sponsors: Furman University, the Greenville School District, SCAPES, and SCAHPERD

1998 High School Physical Education Workshop (August 12)

Title: “Current Issues and Trends in Secondary Physical Education”

Presenters: Bob Hampton, Ray Riley, & Jenny Norris

Sponsors: Furman University and the Greenville School District

1998 Elementary School Physical Education Workshop (March 14)

Title: “Developmentally Appropriate Physical Education”

Presenters: Tommie Bowling & Adelaide Carpenter

Sponsors: Furman University and the Greenville School District

Matt Feigenbaum, Captain
United States Army

Military Experience: Military service following 9/11; Honorable Discharge (June 2017; 12+ years)

Overseas Deployments

2011-2012 GWOT Deployment #2: Operation Enduring Freedom
Kuwait – Camp Buehring
Chief of Operations & Planning (CHOPS), 4-118th Infantry [Task Force Rifles – Mobile Response Force (Light)] tasked with securing the Green Zone in Iraq and other U.S. Embassies in the Middle East (CENTCOM): Responsible for training ~1020 soldiers, planning force protection, regional stability operations, & conducting joint training exercises w/ the Kuwaiti & Jordanian Armies. Planned & coordinated EDREs, YTG w/ company-level live fire exercises, Pathfinder mobile training team (MTT) & Expert Infantry Badge (EIB) certification.

2011 Overseas Deployment Training (ODT): Saudi Arabia – Operation Friendship II
Assistant S3, HHC, 1-118th Infantry: Responsible for ~800 soldiers, planning & conducting joint training exercises w/ Royal Saudi Land Forces.

2010 Overseas Deployment Training (ODT): Japan – Operation North Wind
Assistant S3, HHC, 1-118th Infantry: Responsible for ~800 soldiers, planning & conducting joint training exercises w/ Japanese Land Forces.

2007-2008 GWOT Deployment #1: Operation Enduring Freedom
Kandahar, Afghanistan - Forward Operating Base (FOB) Lindsey
Executive Officer, B Co., 1-118th Infantry (Black Rhinos), ARSIC-S SECFOR:
Responsible for 135 soldiers, planning and conducting combat operations and force protection; lead 150 missions in Kandahar, Zabul, Uruzgan, & Helmand Provinces.

Military Assignments

2016-2017 United States Army Reserve (USAR) – Inactive Reserve

2015 Brigade AS3 – Operations Officer; HHC, 218th Brigade Combat Team

2013-2015 Infantry Company Commander: B Co., 4-118th IN (L), 218th Brigade Combat Team

2011-2013 Battalion S3/CHOPS: HHC, 4-118th IN (L), 218th Brigade Combat Team

2009-2011 Battalion AS3: HHC, 1-118th IN (CAB), 218th Brigade Combat Team

2008-2009 General's Aide (BG Greg Batts): HHC 228th Signal Brigade

2006-2008 Executive Officer: B Co., 1-118th IN (CAB), 218th Brigade Combat Team

2005-2006 Platoon Leader: B Co., 1-118th IN (CAB), 218th Brigade Combat Team

1989 Medically discharged for injuries sustained in a rappelling accident

1984-1988 Army ROTC Scholarship – Furman University – Distinguished Military Graduate

Military Education

Maneuver (Infantry) Captains Career Course – Fort Knox, KY & Fort Benning, GA; Class 04-10 (2010)

AMEDD Officer Basic Course – Fort Sam Houston, TX; Class 402-05 (2005)

Ranger School – Fort Benning, GA; Class 11-87 (1987)

Airborne School – Fort Benning, GA; Class 39-85 (1985)

Pathfinder School – Fort Benning, GA; Class 09-11 (2011)

Military Awards

Bronze Star Medal, Army Commendation Medal (3 Oak Leaf Clusters), National Defense Service Medal, Afghanistan Campaign Medal, Global War on Terrorism Service Medal, Global War on Terrorism Expeditionary Medal, Overseas Training Ribbon, Army Service Ribbon, Combat Infantryman Badge, Ranger Tab, Pathfinder Badge, Parachutist Badge