

---

# Furman University make-up health screening

## Tuesday, Nov. 28: 6–10:30 a.m., Younts Center

The screening will include three-month average blood sugar (HbA1c), cholesterol panel (lipids), height, waist circumference, relative fat mass index and blood pressure. Scales will be available if you elect to have your weight obtained.

### Screening tips

- Drink plenty of water the week and morning of screening to ensure you are well hydrated for the blood draw. Fasting is encouraged eight hours before your screening appointment time (*black coffee with no cream or sugar and water are allowed*).
- Take your normal medications as prescribed and arrive at your scheduled appointment time.

### Registration

Employees and spouses will register and complete the confidential online health risk assessment via Prisma Health MyChart. See additional instructions for step-by-step details on scheduling. **Use the following link to schedule your Furman University group screening or scan the QR code: [Schedule my group screening appointment](#)**



Don't have a MyChart account? Go to [MyChart.PrismaHealth.org](https://MyChart.PrismaHealth.org). Choose Sign Up Directly for sign-up access without an activation code. Need help? Call Screening Services, 864-797-6631.