Furman University Health Screenings 2023

Tuesday, Oct. 10–Thursday, Oct. 12: 6–10:30 a.m., Timmons Arena Tuesday, Oct. 17–Thursday, Oct. 19: 6–10:30 a.m., Timmons Arena Saturday, Nov. 4, 7–10 a.m. • Herring/OLLI Building

All above events will offer flu vaccines at no cost.

The screening will include three-month average blood sugar (HbA1c), cholesterol panel (lipids), height, waist circumference, relative fat mass index and blood pressure. Scales will be available if you elect to have your weight obtained.

Screening tips

- Drink plenty of water the week and morning of screening to ensure you are well hydrated for the blood draw. Fasting is encouraged eight hours before your screening appointment time (black coffee with no cream or sugar and water are allowed).
- Take your normal medications as prescribed and arrive at your scheduled appointment time.

Registration

Employees and spouses will register and complete the confidential online health risk assessment via Prisma Health MyChart. See additional instructions for step-by-step details on scheduling. **Use the following link to schedule your Furman University Group screening or scan the QR** code: <u>Schedule my group screening appointment</u>



Don't have a MyChart account? Go to <u>MyChart.PrismaHealth.org</u>. Choose Sign Up Directly for signup access without an activation code. Need help? Call Screening Services, 864-797-6631.



PrismaHealth.org